

THE RCL Branch 445

Bulletin

1 September 2025 Vol.1





President's Report Comrades all:



I am going to start this month's report with a big "YES". The Bulletin is finally up and available for your viewing. Thank you, Rachelle.

I hope everyone has had a great summer and enjoyed the beautiful weather we had.

I wish to thank Mary Sampson for all her hard work tilling, weeding and replanting our flower bed at the main entrance. The flower bed has never looked so good. Hats of to you, Mary, a job well done.

Business goes on as per normal at the Branch, holidays or not. I wish to thank all the volunteers (kitchen staff, Legion beer depot staff, and all others) that are working throughout the summer, donating their time helping us to accomplish our tasks.

Now that summer is nearing its end and people are returning home, we are looking for more volunteers to help with our Friday night dine-ins, the Legion beer depot, etc. If you have a few hours per week to share, think about volunteering at YOUR BRANCH.

In Comradeship
Richard Rhindress
President



LADIES AUXILLARY

Hello Everyone: WE ARE BACK!!!!!!!

So nice to be back.

Welcome back to the bulletin. On behalf of the Ladies Auxiliary, we would like to Thank Comrade Rachelle for taking on the daunting task of PRO and taking on the enormous task and giving us a bulletin once again.

Since we last spoke, the Ladies Auxiliary has been very busy with meals, sports, helping our Veterans with necessities and welfare.

We, the Ladies, continue to provide a yummy Chicken Dinner the 1st Friday of every month. We also provide a nutritious meal for the Seniors who partake through the East Parry Sound Seniors Program every 2nd Thursday for Lunch. A Big thank you to all of you who come and support the Ladies meals. This is how we get funds to help our Veterans and our Legion.

Although we have worked hard in our legion, we have found time to have a little fun as a group. We had a pizza night before our meeting on Monday evening, where we made our own pizzas. Great Fun. We get together with other L.A.s to play cards, darts and meetings. We have an annual Christmas party every year, and we do things for the legion when asked.

The Ladies Auxiliary is here to help in anyway we can.

I would like to take this time to say thank you to all the wonderful and incredible ladies who dedicate their time and knowledge in making our Ladies Auxiliary the success it is. Thank you for taking your time to help us help the Veterans and the Legion. Without you all, the Legion would have 1 less resource to turn to for their Veterans. Thank You All.

Until Next Time

**In Comradeship,
Amanda Hiscock**

President Ladies Auxiliary Branch #445 Callander



2025 - 2026 Executive

RCL445@cogeco.net

President - Richard Rhindress

1st Vice - Cam Clarke

2nd Vice - Amanda Hiscock

3rd Vice - Steve Larocque

Secretary - AnnaMarie Rhindress

Treasure - Kathy Landon

Executive Committees

Veteran Service Officer

- Tom Caughey

Leadership - Steve Larocque

Membership - Nancy Clark

Poppy Chair - Fay Bayer

Public Relations Officer

- Rachelle Lacroix

Sports - Wes White

Youth Education - Mike Park

Chaplain -

Sub Committees

Banquet & Kitchen

- Caroline LaVictoire

Bar Officer - Jody White

Bursary - Brian Villeneuve

House and Property - Cam Clarke

Honours and Awards - Ron Devost

L.A. Liaison - Stewart Doucette

Senior Club Liaison - Nancy Clark

Pipe and Drums - Matt Plante

Regulations - Steve Larocque

Sgt at Arms - Steve Larocque

Bottle Depot - Brian Naylor

Building Committee - Ron Devost

Sick and Visiting -



GENERAL MEETINGS

Schedule

First Thursday
of every month - 7:00 p.m.

September 4, 2025

October 7, 2025

November 4, 2025

December 4, 2025

January 2, 2026

February 5, 2026

March 5, 2026

April 2, 2026

May 7, 2026

June 4, 2026

July & August to be determined



THE LOUNGE

OPEN TO THE PUBLIC
12:00 noon to 5:00 pm

MONDAY TO SATURDAY
SUNDAY CLOSED

LIVE MUSIC

EVERY FRIDAY NIGHT IN THE LOUNGE



BANQUET HALL

AVAILABLE FOR PRIVATE FUNCTION

To Schedule Private events Contact the Office or
Visit our Website.

Callander Legion has two rooms for rent and we
cater to all functions, including Celebrations of
Life.

Served Dinners Small and Light Lunches
Hot and Cold Buffets Tea and Coffee only
Most meals can be customized and priced
accordingly.



MAIN HALL

Ladies Darts Tuesdays at 7:00pm
Competitive Darts League Wednesdays at
7:00pm

Line Dancing Mondays at 6:00 to 8:00pm





MAIN HALL

Our hall can accommodate up to 250 people or 150 with sit down dinner and a dance floor.

Our Main Hall is a multi-use facility that can accommodate many different types of functions.



SENIOR'S LOUNGE

The senior's lounge can accommodate dinner for 50 - 60.



*****Member's price is for Callander Legion Members in good standing only.*

*The member booking the hall must be responsible for and be in attendance at the event. The discount rate is for the Member.****

VETERANS COFFEE Last Thursday of every month.

Please call or email for availability and pricing. 705-752-3773



BUILDING COMMITTEE

On August 12 2025, Descon Construction gave a presentation to Callander Council in regards to “partner” with Callander Legion in the construction of a veteran’s apartment at the Legion Baseball field.

This partnership is in the form of a guarantor for the mortgage that the bank require’s. Once the mortgage is paid off the building is owned by the Legion.

Although we were hoping for a decision soon the Municipality has informed Descon that a decision will be made in September at the council meeting on either September 9th or 23rd.

Dexcon is continuing to gather information for the feasibility study. If the Municipality does want to Partner with the Legion it is the intent of the building committee along with Dexcon to have information sessions at the Legion for those interested before a vote will be taken at a General Membership meeting

More information to follow as it becomes available....

Ron Devost
Building Committee Chair



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**Callander Legion
Branch 445**

callanderlegion.ca

Renew online

Legion.ca/member

Renew by phone

1 855 330-3344

Legion 

Branch 445, Callander

Working together to serve Canada's Veterans



Got Questions?

As a **Veteran**, where can I turn for answers?

In a **financial emergency**, who can I contact?

I have a **disability**, how can I get help?

What are my **next steps**?

Did you know that Legion Command Service Officers across the country:

- provide **FREE** representation with disability claims to Veterans Affairs Canada.
- provide **FREE** representation with Appeals to the Veterans Review and Appeal Board Canada.
- provide assistance to **all Veterans including serving Canadian Forces, RCMP members and their families.**
- provide assistance navigating and understanding the bureaucracy, legislation and policies.
- provide assistance to **all Veterans in financial need** to meet emergency requirements.

WE CARE for all Veterans of all ages and their families

The Royal Canadian Legion Service Bureau Network

Sherry Culling, Provincial Service Officer
Suite 202 - 107 Shirreff Ave.
Canada Place Building
North Bay, ON P1B 7K8
Tel: 705.472.8650
Toll Free: 1.888.207.2206
FAX: 1.705.472.1969
sculling@on.legion.ca



September
Dine-In's & Music

September 5, 2025
Roast Chicken
Don & Friends

September 12, 2025
Pork Schnitzel
Ghostrider

September 19, 2025
Roast Beef
Timberr Country

September 26, 2025
BBQ Steaks
The Revue

Dinner served at 5:30 (except steak- 5:00 p.m)

Live Music 7:00 - 11:00 p.m



KITCHEN CRUMBS

By: your friendly Kitchen Coordinator, Caroline LaVictoire

DON'T NEED TO BE A MEMBER TO ATTEND MEALS

Hello Comrades All; sure has been a long time since I've been able to provide you all with a kitchen activity report, that I don't know where to start... Unfortunately, we can't go back so let's move onward. I hope everyone is enjoying their summer and getting to spend quality time with your loved ones.

This summer, along with our ongoing Friday night dine-ins, and room rentals, we took the opportunity to get some kitchen cleaning done as, believe it or not, it is our quiet time of year. The list was long but with the help of our President Richard, and First Vice Cam Clarke, the stove backsplash was removed and scrubbed to almost new.... LOL Great job Gentlemen!!! I did notice a slight droplet of sweat coming from their brows but chose to keep quiet. LOL.

Comrade Cam cleaned our convection oven, and it looked great...may need another squirt of oven cleaner before long...hint hint..LOL

I defrosted and cleaned the freezers over the past 3 months, while Comrade Ron Hurley graciously brought over his power washer and took all the carts and garbage cans from the kitchen, outside and power sprayed the buildup of grease and debris off the wheels and the cans. Thank you, Comrade Ron, it was greatly appreciated.

And finally, to our custodian, Barry Etches, who puts a lot of his time in our kitchen, either cleaning up after us, by scrubbing our flat top grill or the fryers and making repairs when he can. Thank you, Barry, for all you do in the kitchen and our branch.



Do we not have any other members who could step in occasionally? If it wasn't for the dedication of the volunteers we do have, we wouldn't be able to run the kitchen. I've committed my spare time to operate the kitchen, which includes many tasks and if we don't have more members step up, we will lose our current volunteers because they get worn down always having to come in but would never leave me in a lurch. We need 6 volunteers to help with each function with prepping, cooking, serving and cleaning up afterwards. We even manage to get a few good laughs in... So, how about giving it a try?

As many of you know, and to the others who don't, I have a large calendar on the wall inside the entrance to the kitchen. There, I write down all monthly functions, where I ask anyone who wants to volunteer to jot down their name to work a function. For the most part, all functions have had enough volunteers, however, it's always the same people and in a few cases, we didn't have enough help and had to run our derrieres' off to get it done.

Are you a recently sworn in member and don't know how to get started... come to the kitchen, I'll tell you what I need in the kitchen and if that's not your cup of tea, we have the Legion Beer Shed that could use some help too.

If you are a couple and would like to come together, we would love to see you, even if you don't think you can help, I guarantee you that I will find a job for you.....

All the best.

LEGION BEER DEPOT

HELP SUPPORT OUR VETERANS

The program covers all wine, spirit and cooler containers over 100ml sold through **LCBO** outside the Beer Store system (this includes tetra, bag in box and case).

Consumers pay a refundable deposit at the time of purchase. This deposit is 100% refunded when the empty container is returned to the Beer Store.

HOURS

Monday	10am to 2pm
Wednesday	10am to 2pm
Friday	10am to 2pm
Saturday	10am to 2pm

VOLUNTEERS NEEDED!

***Please** don't recycle your empty alcohol containers!
Come and visit our wonderful volunteers!*

Please contact us in advance for bottle drives or large returns.





CALLANDER LEGION (345 Lansdowne S

*classes by donation

Active Fitness – Strength & Stretch

Wednesdays 9:30am – 10:30am

-a cardio warm up - resistance training with weights & exercise bands – followed by a stretching cool down

Equipment: Exercise mat, block, exercise bands & light weights



Chair Fitness

Wednesdays 10:55am -12 noon

- a focus on mobility, balance & resistance training.

Equipment: Exercise bands & light weights

Callander Senior Foot Care

Held on the 3rd Thursday

of each month at

Branch 445

Callander legion

\$30.00 per person

Contact: Sarah Harnock
to book your appointment
call 705-471-1707





Branch 445, Callander Ontario



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